

## Patient Information

### The good news about the breathing test

Test are free and covered by OHIP if you have your doctor signed note.  
The only thing you do is to breathe in and out of your mouth with nose clips on  
Single use disposable mouth filter and nose clips are used (no germs!)  
Testing does not hurt. NO needles, pain, or blood drawn. Just shoes off for height.  
NO space capsule to sit in (no body box for people who are claustrophobic)  
Wheelchair and motorized scooter accessible  
Family members can be present with you while the test is being done

### SNPF offers

- a) Free Parking! Yea
- b) Medical lab, X-ray and ultrasound and PFT are all located on the same floor.  
For your one stop medical testing
- c) 4040 Finch is specialty medical building featuring many specialties and family practitioners.
- d) Convenient booking testing times

### Precautions! Just a few

- 1) For the ladies: no lip stick please
- 2) Please remove any nose, lip or tongue jewelry, you may reattach after testing
- 3) Any surgery 4 weeks prior to date of testing
- 4) Please no chewing gum
- 5) You may wish to visit the restroom before having your test done. It is located behind the elevators on the lower level of 4040 Finch.
- 6) If English is the patient second language. Family or friend interpreter is welcome
- 7) TMJ suffers please inform

### Where to find us

Our address is 4040 Finch Ave, East. Lower Level Suite # 5 Medical Lab in the basement in Scarborough, Ontario M1S-4V5. From the main lobby just past the coffee island, you can take the stairs or elevator to the lower level. Once on the lower level, high on the wall is the sign lab/X-ray with an arrow. Please follow the arrow down the hallway to the medical lab, door is on the left. Please go to front desk. Thank-you

Phone) 416-292-0222

Fax) 416-298-5814

Email) [snpflungtesting@gmail.com](mailto:snpflungtesting@gmail.com)

Web) [www.scarboroughnorthpulmonaryfunction.ca](http://www.scarboroughnorthpulmonaryfunction.ca)

- ❖ 4040 Finch Ave East is a 4 story white stone building. Parking is free

Major intersection is Kennedy Rd North and Finch Ave East. Kennedy Rd N of 401  
Direct intersection is Finch Ave East and Milken Blvd

- ❖ By TTC: Take 43 Kennedy Rd bus or 39 Finch Ave East bus

- ❖ By walking it is a 2 min walk from Kennedy Rd East on Finch Ave E.

- ❖ GPS co-ordinates:      43 degrees, 48 mins and 16 secs North  
                                 -79 degrees, 17 mins and 65 secs West